

# CARTMEL SURGERY

## NEWSLETTER

### *NHS Prescription Charge Increase*



From the 1st April 2018 the NHS Prescription Charge is **£8.80** for each item prescribed.

The NHS Prescription charge is a contribution to the NHS; it is not a payment to the dispensary and it is not related to the cost of your medicine(s).

If you need more than 13 prescriptions a year you could save money with a Prescription Payment Certificate—ask a member of staff for more details.

#### **NEW FROM 26TH MARCH 2018**

#### ***ROUTINE EVENING GP & HCAs appointments are now available at Grange Health Centre.***

As off 26th March you will be able to make a PRE-BOOKABLE EVENING APPT to see a GP - (*NOT a GP from this Practice*) who will have access to your medical records and can provide the same service as your usual GP.

#### **Appointments are on MONDAYS & THURSDAYS between 6.30pm—9.45pm**

Healthcare Assistant appointments are also available

Please ask Reception if you would like to book an EVENING appointment

The next meeting of the PPG will be held at Cartmel Surgery

*On Thursday 26th April at 2.00pm – 3.00pm*

Everyone is welcome to attend, we value all patient feedback.



If you are unable to attend but would like to make a suggestion/comment or have an idea that will improve the Practice please let a member of staff know.

Thank you

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Cartmel Surgery  
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The Doctors and Staff would like to say a big thank you for our very generous Christmas presents—they were greatly appreciated although now we are all watching our waistline!!

WE'RE ON THE WEB  
WWW.CARTMELSURGERY.CO  
.UK

## ***Annual Chronic Disease Reviews***

Chronic disease refers to medical conditions that may have an ongoing impact on your health. If you have one or more chronic disease, we recommend that you have an annual review. Some conditions require monitoring with blood tests or other tests such as breathing assessments or urine tests.

Reviewing your condition on an annual basis will enable you to check that you are taking the correct medications. It will also give you an opportunity to ask the nurse or doctor questions about your health.

Last year we introduced a new process for co-ordinating these reviews. Your review now takes place in the month of your birthday. This allows us to plan our workload and spread it evenly throughout the year and it should also provide you with an easy to remember date for your review!

### **What happens?**

We send you a letter or text message in advance of your birthday month inviting you to attend. Please ring and make an appointment with the appropriate person as instructed in the letter.

This review process is important and we will not be able to continue prescribing repeat medications without it. Your cooperation in this process will therefore be very much appreciated.

This process reduces the number of times you need to come to the surgery and therefore free up appointments for doctors to see you when you have more urgent problems.

### **Nurse/Health Care Assistant (HCA) and Blood Clinic Appointment Days and Times**

**Monday:** Practice Nurse 9.00am—12.00pm HCA Clinic 3.00pm—5.00pm

**Tuesday:** Blood Clinic 8.00am—12.00pm HCA Clinic 10.30am—12.30pm

**Wednesday:** Blood Clinic 8.00am—12.00pm HCA Clinic 8.00am—12.30pm

**Thursday:** Practice Nurse 9.00am—12.00pm

**Friday:** Practice Nurse 9.00am—12.00pm & 2.00pm—5.30pm Blood Clinic 8.00am—12.00pm

**NB: If you need a blood test please book an appointment in the Blood Clinic or with the HCAs not the Practice Nurse, Thank you**